

CONSTITUTION OF THE SIOUXLAND CONFERENCE

(Revised – May 2016)

ARTICLE I: Name

This organization shall be known as the SIOUXLAND CONFERENCE.

ARTICLE II: Purpose

The purpose of this conference shall be to promote and supervise the various forms of athletics and other school activities sponsored by the member schools; to instill in the minds of the high school students and the people of the several communities' proper attitudes and ideals toward all activities; and to promote a high standard of conduct and the spirit of true sportsmanship.

ARTICLE III: Membership and Eligibility

A. Membership

Section 1. The membership of the conference shall consist of the following schools:

- 1) Boyden-Hull community Schools, Hull, IA;
- 2) Central Lyon Community Schools, Rock Rapids, IA;
- 3) George-Little Rock Community Schools, George, IA;
- 4) MOC-Floyd Valley Community Schools, Orange City, IA;
- 5) Okoboji Community Schools, Milford, IA;
- 6) Rock Valley Community Schools, Rock Valley, IA;
- 7) Sheldon Community School, Sheldon, IA;
- 8) Sibley-Ocheyedan Community Schools, Sibley, IA;
- 9) Sioux Center Community Schools, Sioux Center, IA;
- 10) West Lyon Community Schools, Inwood, IA;

and other schools which may be admitted according to procedures which follow in Article III, Section B.

B. Application & Eligibility

Section 1. Schools desiring to become members of the Siouxland Conference must submit letters of application to the president and to the secretary. The letter of application must state that administrative officers of the applying school have read the constitution and rules of the constitution and rules of the conference and give assurance that their school will comply with all regulations. A check for \$100.00 payable to the Siouxland Conference shall accompany the application. This check is refundable if the request is denied.

Section 2. Upon receipt of any application for membership, the president shall direct that notice of such application be sent to all member schools and that discussion on such membership shall be taken at the next regular meeting of the Board of Control

Section 3. All schools applying for membership in the Siouxland Conference shall meet the following criteria:

- Shall be within seventy-five (75) miles of all member districts
- Shall have a high school enrollment, as measured by BED's enrollment, within fifty (50) students of the conference average.
- Shall offer and participate in all conference sports at the varsity, junior varsity, freshman, and junior high levels
- Should the Board of Control deem it in the best interest of the Conference, these criteria may be waived upon 2/3 approval of the Board of Control. (This amendment was approved January 12, 2000.) (i.e. Ten member schools = 7 members must approve.)

Section 4. At the subsequent meeting of the Board of Control, the application shall be formally presented for discussion and vote. After all above procedures have been followed, a school may be accepted for membership by a two-thirds majority vote of the membership.

C. Withdrawal

Section 1. Member schools wishing to withdraw from the Siouxland Conference must submit a withdrawal notice in writing, dated and signed by the superintendent and board president of the school to the secretary of the conference's Board of Control.

Section 2. Member schools shall honor all contracts for athletic contests for one year following the withdrawal notice and they shall be considered members of the Conference until one year has elapsed from the date of the withdrawal notice.

D. Compliance

Section 1. All member schools must comply with the standards set forth by the Iowa High School Athletic Association and the Iowa Girls' High School Athletic Union.

ARTICLE IV: Officers and Governance

Section 1. The business and administration of the Siouxland Conference shall be vested in the Board of Control whose membership shall consist of the superintendent of each school or designee of each member school.

Section 2. The offices of President, Vice-President/Secretary shall be filled by members of the Board of Control and shall be elected by members of the Board of Control. These officers shall constitute the executive committee of the Siouxland Conference with authority to act in case of emergency or to carry out the directives of the Board of Control. A sports' publicist shall also be appointed and paid \$300.00 a year.

Section 3. The officers shall be elected for the ensuing year at the regular April meeting of the Board of Control and shall assume their duties at the beginning of the ensuing school year. They shall hold their respective offices until such time as their successors are elected. If a vacancy occurs, it shall be filled by action of the Board of Control.

Section 4. In an emergency, a member of the Board of Control may appoint a member of his administrative staff to represent him in an official capacity at any regular meeting of said Board and such appointed member will have all the rights of any member of the Board.

Section 5. A quorum must be present at all Board of Control meetings in order to conduct business. A quorum shall be considered present when a majority of the members of the Board are present at the meeting.

Section 6. Meetings of the Board of Control shall be held twice annually in October and April. Additional meetings called by the president may be held as needed at a location determined by the Board of Control.

ARTICLE V: Conference Sports and Champions

- Section 1. When at least two-thirds of the conference schools participate in a sport, a conference champion shall be declared in that sport and a championship award shall be given to the champion.
- Section 2. Teams tying for the title in any conference sport shall be designated as co-champions and each team shall receive equivalent conference awards.

ARTICLE VI: Dues

- Section 1. The conference dues shall be set annually in the spring by the Board of Control. By majority vote, the Board shall have power to levy an additional assessment upon each member of the conference on a pro-rated basis to cover any unforeseen deficit. The current dues are \$150.00.

ARTICLE VII: Amendments

- Section 1-A. All proposed amendments to the constitution must be submitted in writing to the Vice President/secretary at least one month previous to the meeting (called Meeting A) at which it is to be considered.
- Section 1-B. The Vice President/secretary shall send a copy of the proposed amendment to each member school at least three weeks prior to the next regular meeting (meeting A).
- Section 1-C. The reading of the proposed amendment shall be made at the regular meeting (meeting A).
- Section 1-D. The proposed amendment shall be voted upon by members of the Board of Control at the regular meeting. (meeting B).
- Section 1-E. Any amendment shall require a two-thirds majority vote of the Board of Control. Voting members must be present unless a majority of the districts approve an absentee vote.

SIouxLAND CONFERENCE BY-LAWS

SENIOR HIGH SCHOOL

1. The secretary of the conference athletic directors each year shall be the athletic director from the same school as the conference president.
2. The principals of all conference schools shall attend the fall and the spring joint meetings of the superintendents and athletic directors.
3. The athletic directors' meetings will usually be held the first Friday of each month but are subject to change due to scheduling conflicts.
4. The athletic directors' meeting minutes will be sent by e-mail to each A.D., The A.D. is responsible for forwarding minutes to the superintendent and principal.
5. Minutes of each A.D. meeting will be sent by e-mail to each superintendent, principal, and athletic director in a timely manner.
6. At all Siouxland Conference superintendents' meetings and principals' meetings, a standard agenda item will be open for A.D. minutes.
7. Conference information is released when all Siouxland Conference teams are eliminated from post season play prior to state competition.
8. The conference has adopted the same rule prohibiting noisemakers, signs, flags, etc., for all conference events that is in effect for tournaments sponsored by the IHSAA. Pep bands are allowed.
9. The formula for determining the number of conference passes each school receives is as follows:
30 per conference school.
10. Cancellation/postponement of a scheduled game/match: a match or game will be rescheduled by mutual agreement (with the understanding that some schools have a "no school, no play" policy) of both schools with the major input from the traveling team when weather conditions or other reasons dictate such a situation.
11. The Board of Control and the A.D.s will hold two joint meetings per year (probably one in the fall and one in the spring) in order to facilitate communications.
12. Junior Varsity teams shall include the following grades:
Basketball: anyone (freshman, sophomore, junior, or senior) may be used.
Baseball: anyone (8th, freshman, sophomore, junior, or senior) may be used.
Golf: anyone (freshman, sophomore, junior, or senior) may be used.
Softball: anyone (8th, freshman, sophomore, junior, or senior) may be used.
Wrestling: anyone (freshman, sophomore, junior, or senior) may be used.
13. The schedule for varsity events must be followed. Conference schedules for Jr. High, freshmen, and JV teams are desirable, but each local school has some flexibility in determining its own schedule for these teams.
14. Siouxland Conference policy is not to allow any outside food or beverage brought into the school with the exception of sports teams. If they bring food and/or beverage for their athletes, it must be brought on the bus with the team and must be consumed in the locker room. No food and/or beverage will be allowed outside the locker room.

SELECTION OF ALL-CONFERENCE TEAMS FOR INDIVIDUAL SPORTS

All-Conference teams shall be selected according to criteria approved by the Board of Control. The criteria and procedures are listed below;

Boys' Basketball:	First Team	7 players
	Second Team	5 players
	Third Team	5 players
Girls' Basketball:	First Team	7 players
	Second Team	5 players
	Third Team	5 players
Baseball & Softball:	First Team	15 players
	Second Team	10 players
	(Neither team to be selected by position)	
Volleyball	First Team	8 players
	Second Team	6 players
	Third Team	6 players
	(None to be selected by position)	
Wrestling:	First Team	19 wrestlers
	Second Team	14 wrestlers
	(First team shall consist of the 14 champions by weight class from the conference tournament as well as 5 wrestlers chosen at-large and voted on after the meet by the coaches. There is no honorable mention.)	
Golf:	First Team	10 players
	Second Team	8 players
	(Players are selected according to the best stroke average for all conference matches. In order to qualify for selection, a player may miss no more than one conference meet during the season. Only varsity scores count for all-conference selection.)	
Cross Country:	All-Conference	15 medalists
Track:	All-Conference	19 girls' events (40 possible)
		17 boys' events (32 possible)

SIouxLAND CONFERENCE ALL-CONFERENCE SELECTION PROCESS

NOMINATIONS: Each Head Coach will submit, via email, the list of their players they feel should be considered for all-conference to a pre-determined conference Athletic Director.

PROCEDURE:

- Each school will submit a list of potential nominees they will consider nominating for any all-conference. Once all schools have submitted their nominees, the AD in charge will email the complete list of nominees to all Head Coaches in that sport. Honorable mention athletes do not have to be nominated.
- At the All-Conference meeting, coaches will nominate athletes for a particular team. Coaches will nominate in reverse order of the final standings. Voting will be by ballot - coaches may vote for their own player.

HONORABLE MENTION:

- Each Head Coach then has the responsibility of selecting a player for the Honorable Mention team.

TIE VOTE:

- In the event of a tie, the coaches will revote. If a tie still exists, the names will be placed in a hat and a name will be pulled out.

PUBLICITY RELEASE:

- The sports' publicist shall be responsible for releasing the names of the individuals on the All-Conference teams.

SIOUXLAND ACADEMIC ATHLETIC ALL-CONFERENCE AWARDS

The Siouxland Conference will set the academic athletic all-conference awards according to the following criteria.

Eligibility Criteria

1. Must be a senior
2. Must be a varsity letter winner in the senior year
3. Must have a cumulative (9-12) G.P.A. of 3.75 or above on a 4.0 scale
4. Managers must have served in that capacity for four years.
5. No home school students will be eligible of academic All-Conference.

G.P.A. Determination

1. For fall activities, the G.P.A. will be based on grades received through the end of the junior year.
2. For winter & spring activities, the G.P.A. will be based on grades received through the first semester of the senior year.
3. For summer activities, the G.P.A. will be based on grades received through the second semester of the senior year.

Procedures

1. Coaches and cheerleading sponsors will submit nominations with G.P.A.'s to the conference secretary by the following deadlines:
 - a. fall sports and cheerleading
 - b. winter sports and cheerleading
 - c. spring sports and managers
 - d. summer sports
2. The G.P.A.'s will be based on 4.0 scale, rounded off to the nearest hundredth and verified (i.e. signed off by) the guidance counselor or principal.
3. The conference secretary will compile a list of all nominees by rank order of G.P.A.'s.
4. Only one team will be selected – no honorable or special recognition awards.
5. The conference secretary will release the information to member schools and the media.

ATHLETIC SEASONS

- Basketball** Conference schools shall play a double round-robin schedule with the conference champion determined by the best winning percentage of the games played.
- Volleyball** Conference schools shall play a single, round-robin schedule.
- Wrestling** Conference schools participating in wrestling shall participate in a double dual schedule with the conference champion determined by the best winning percentage of those dual matches.
- Track** The conference track meet will be co-ed and a championship bar will be awarded to the winning boys' team and to the winning girls' team.
- Golf** A conference meet is one in which all conferences schools are present. Each school shall host one conference meet each year. The boys' and girls' teams shall participate as varsity teams consisting of a maximum of six (6) golfers. The conference champion shall be determined on the basis of the best combined finish of the teams in each conference meet. Conference meets will begin 15 minutes after the last competing school arrives or as close to 4:30 p.m. as possible. (It is assumed that minimal school experiences loss of school time for travel.) Medals shall be awarded to the members of the winning team as well as to the medalist and the runner-up medalist in each conference golf meet.
- Softball** Conference schools play a double round-robin schedule with the conference champion determined by the best winning percentage of those games.
- Baseball** Conference schools play a double round-robin schedule with the conference champion determined by the best winning percentage of those games.
- Cross Country** The conference cross country meet will be co-ed and a championship award will be given to both the winning boys' and girls' teams.

CROSS COUNTRY REGULATIONS

Senior High School

1. Hosting the Cross Country Meet will rotate alphabetically with the schools having cross country teams.
2. Varsity division will run 7 and count 5 runners. JV division may have unlimited entries and count 5 runners.
3. Fifteen (15) varsity medals will be awarded and ten (10) JV medals will be awarded.
4. The meet starting time is 4:30 PM.

VOLLEYBALL REGULATIONS

Senior High School

1. The starting time for volleyball will be as follows:
 - All Fr. and JV games are best of 3, games played to 21, 21, 15
 - For one net:
Freshmen: start at 5:30 - play until 6:15
JV: start at 6:30 - play until 7:30
Varsity: follows end of JV game plus state allowed warm up time
 - For 2 nets/2sites:
Freshmen and JV: start at 5:30 - play until 6:30
Varsity: follows end of JV game plus state allowed warm up time

BASKETBALL

Senior High School

1. The starting time for 9th and JV basketball will be at 4:45 pm. with varsity to start at 6:15 p.m. Time for quarters will not be less than 7 minutes.

WRESTLING

Senior High School

1. All conference wrestling double dual meets shall start at 6:15 p.m.

TRACK REGULATIONS

Senior High School

1. The Conference Co-ed Track Meet shall start no earlier than 4:30 pm and running events at 5:15pm.
2. The meet will follow the required state regular season order of events.
3. In the shot put, discus, and long jump, there will be no preliminaries. Each competitor will be allowed four attempts and the place finishers will be determined by the four attempts.
4. There will be no running preliminaries. All events will be run as finals against time.
5. The Conference Meet will be run on all-weather, metric tracks only. This meet shall be rotated alphabetically among the schools that have all-weather tracks.
6. Medals will be awarded to all six place winners.
7. The Conference shall reimburse the host school for only the following expenses: starter, asst. starter, and clerk of course, and finish judge.
8. When possible, all relays should be run in one heat. If two heats are needed, there should never be less than two teams in a heat.
9. The host school should provide enough timers so that there will be at least two timers for 1st place and one timer for 2nd through 6th place.
10. Six places will be scored with relays being 10-8-6-4-2-1 and individual events being 10-8-6-4-2-1.
11. The host school of the conference track meet will make the decision to postpone the meet before the schools arrive. When all schools are present, a rule jury of all of the schools will make the decision to delay or to postpone the meet due to inclement weather. Rain date will be week 45.

CONFERENCE GUIDELINES

7th and 8th Grade

1. The schedule for 7th and 8th grade events must be followed. Conference schedules for 7th and 8th grade are desirable, but each local school has some flexibility in determining its own schedule for these teams.
2. 7th and 8th grade starting time: for the sports of football, basketball, and volleyball; the starting time for events shall be by mutual agreement of the two participating schools. Lacking mutual agreement, the starting time shall be 4:15 pm.
3. Order of 7th and 8th grade games: when split site games are played, the “A” game will be played first with the “B” game to follow. When playing at one site, the 7th grade will play first followed by the 8th grade.

VOLLEYBALL

7th and 8th Grade

1. 7th and 8th Volleyball games will be played to 21 and teams will play as many games as possible with the best teams playing first.

TRACK REGULATIONS

7th & 8th Grade

1. The Conference 7th and 8th grade Track Meet will be rotated alphabetically among the conference schools which have all-weather, metric tracks.
2. The 7th and 8th grade track teams shall be combined into one track team for boys and one track team for girls and the meet will be held as a co-ed meet.
3. Ribbons as ordered by the conference secretary shall be awarded to the 1st through the 6th place winners.
4. At the 7th and 8th grade track meet, six places shall be scored using the scoring system as suggested by the IHSAA & the IGHS AU.
5. The meet will start with the field event at 4:30 PM. Running events will begin at 5:15 PM.